

December 1, 2019

Dear Patients & Colleagues,

I hope this e-mail finds you in good health! As we transition into 2020 and a new decade, I want to share some upcoming changes at Fal River Health Center, including expanded professional endeavors, which will affect my schedule and after-hours accessibility.

In response to many requests and infinite support, I will be teaching and presenting at programs outside of the office, sharing my medical knowledge, experience, and acumen. You will be invited to attend and participate in many of these events. Events may occur when the office is closed, including evenings and weekends.

Information about upcoming events will be available on my website, www.falriverhealthcenter.com/speaking-engagements, and on my Facebook page, www.facebook.com/FalRiverHealthCenter.

Based on **HIPAA regulations**, I can no longer communicate through texts. SMS messages are unencrypted, can be read and/or forwarded to anyone, and may compromise your personal health information (PHI).

Please call 207-781-7880 to verify my schedule before contacting me in regard to your immediate medical concerns.

Changes effective January 1st, 2020:

- Initial Consults may be either a 2-hour comprehensive, or a 1-hour focused
- Follow-up appointments will now be 50 minutes
- Credit Card authorization forms must be signed prior to phone or Skype appointments

To accommodate for these changes and business operating costs, there will be a small increase in appointment fees. This information is available on my website, www.falriverhealthcenter.com/appointments

Being a part of your health journey is both a privilege & joy.
Please feel free to contact the office with any questions.

Warm regards,



Linda S. Grigel MHP, PA-C, CCH

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